



## **Culinary students in Taiwan introduced to the virtues of extra virgin olive oil**

**Culinary students attending some of the top cooking schools across Taiwan were introduced to the virtues of extra virgin olive oil at the end of December as the TAICHI project's second promotional tour began.**

Launched in Taipei on December 19, the tour returned to the Department of Culinary Arts at the HungKuo Delin University of Technology (HDUT). Involving almost 60 future chefs, the course taught them how to distinguish between high quality and inferior olive oils through tastings and other organoleptic properties.

Following on from last year's inaugural event that involved award-winning Malaysian chef Simon Lee, the students also learned how Italian extra virgin olive oil can be combined with traditional Chinese recipes, complementing meat, fish or vegetable dishes, as well as being used as a hot pot seasoning.

Further cooking classes were held at Kaiming Senior Technical and Commercial Vocational School, Yu Da High School of Commerce and Home Economics, Paul Hsu Senior High School and at Taipei City University of Science and Technology.

Next, the cooking class tour will head to mainland China in February and be held in 15 of the country's top culinary schools, visiting Beijing, Shanghai, Guilin, Hangzhou, Chengdu, Xi'an, Kunming and Guangdong.

The international TAICHI project is spreading the word about the health benefits of using extra virgin olive oil for cooking to Mainland China and Taiwan.

Co-funded by the EU and promoted by the two main consortia of Italian olive growers, Italia Olivicola and UNAPOL, the TAICHI project offers consumers all the information they need to understand olive oil through its website, various social media platforms and OurOliveOil APP – available in the [App Store](#) and [Google Play](#).

To find out more about the TAICHI project, visit [OurOliveOil.com](http://OurOliveOil.com)

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